



Hi there,

My name is Alex Garces and last year I became one of the thousands of people diagnosed with Multiple Sclerosis (MS) across Australia. Due to a sudden relapse, causing lesions along my spinal cord and brain, I lost control of my lower limbs and other several body functions. Recovery is not easy, neither short; is never complete. Thanks to the support afforded me by the MS Society, Royal Perth Hospital and Shenton Park Campus medical staff I was able to have a very positive upturn. Unfortunately, there is no cure for MS and the possibility of suffering another exacerbation is a latent one.

At present, I have entered Perth City to Surf 12km Channel nine Run and have committed to fundraise AU\$10000= in support of West Australians living with Multiple Sclerosis.

Did you know?

- Multiple Sclerosis is a disease of the central nervous system affecting more young adult Australians than any other neurological condition.
- The average age of diagnosis of MS is 30 years old
- MS affects three times more women than men.
- An estimated 18,000 people in Australia have MS, with 16 Western Australians being diagnosed every month.

Please take a moment to view my online fundraising page [www.everydayhero.com.au/moveyourlegsforMS](http://www.everydayhero.com.au/moveyourlegsforMS) and help me reach my fundraising goal. It is easy and will take no time at all, just donate online via your credit card by following the prompts.

All information is secure and all donations will be sent electronically to the MS Society of WA (MSWA) – [www.mswa.com.au](http://www.mswa.com.au) . A tax deductible receipt will be sent to your inbox once the donation is verified.

The MS Society of WA (MSWA) is a non-for-profit charity organisation dedicated to assisting people living with MS. MSWA aims to enable people with MS to maximise their participation in the community; to improve community awareness and understanding of MS; to advocate for all people with a disability; and to work towards finding a cure for MS.

Your support is greatly appreciated.

Yours sincerely,

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You can also join this cause group on facebook by looking for **Move your legs for MS** on the following website [apps.facebook.com/causes/](https://apps.facebook.com/causes/)